

## **MINIMUM ANNUAL CYCLE OF CARE**

Blood pressure	every 6 months
Ht/wt/waist (BMT)	every 6 months
Feet exam	every 6 months
Glycaemic control (HbA1c)	once per year
Blood Lipids	once per year
Microalbuminuria	once per year
Eye exam	at least every 2 years
Smoking	review once per year
Healthy eating plan	review once per year
Physical activity	review once per year
Self care education	review once per year
Medications	review once per year