



Diabetes Counselling Online

Diabetes Counselling Online is a website for people living with diabetes.

It provides **professional counselling** via e-mail. Limited phone counselling is available.

There is a **group discussion forum, chat rooms and an email buddy service.**

You can **read stories and share your own** about living with diabetes.

There are **links to resources** & information about diabetes health professionals.

This service is **free** and is funded under the National Diabetes Services Scheme (NDSS) an initiative of the Australian Government and administered by Diabetes Australia Ltd.

Helen Edwards is a Social Worker/Diabetes Educator who also has type 1 diabetes.

www.diabetescounselling.com.au

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