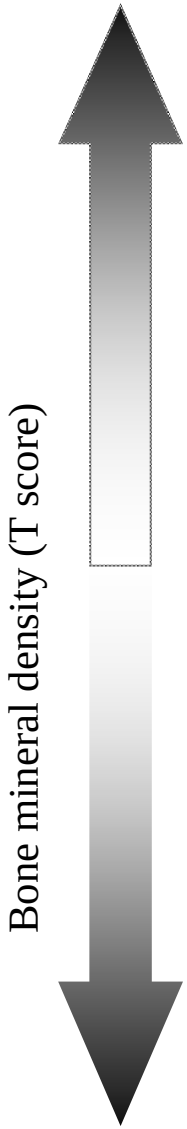
BONE MINERAL DENSITY TESTING



	Suggested intervention/time to remeasurement	
+1	*No treatment necessary* Don't repeat within five to ten years	In people with T scores above 0, It takes five to ten years for bone density to decrease by one SD (about 10%)
0	*No treatment necessary* Repeat possibly in five to ten years	The interval for remeasurment Depends on the currant T score, The person's age and the time Until the person could be expected To reach a T score between -1 and –2.5
-1	*No treatment advised* Repeat in two to five years	
-2.5	*Consider treatment to prevent bone loss* *Strongly advise treatment to prevent further bone loss and fracture*	The presence of clinical risk Factors, particularly previous Fracture and frequent falling, Increases the imperative to treat.